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#### The situation

Small apartments are often a solution for permanent supportive housing. This means that a single room must double as both a living area to host guests and also a bedroom. Furniture such as beds sends signals to residents and guests that remind everyone of the smallness of these units.

#### Potential solution

**Adding bolster cushions and a removable slipcover to a single bed in a daybed frame can help residents convert a bed to a sofa with minimal effort. This aids in thinking of the room differently depending on the desired situation, easing the psychological ability to have guests to one's room without awkwardness.**

**Location:** Third Avenue Apartments, New York City

**Managing organization:** Services for the Underserved (SUS)

**Interior Designer:** John Shuman, Services for the Underserved

**Architect:** James McCullar Architecture, PC

#### Key words

Permanent supportive housing

Stress management

Dignity and Self-Esteem

Empowerment